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April 24, 1975

To whom it may concern:

This is to certify that Dean Kraft and the Foundation for Psychic Energetic Research has been involved in research projects on voluntary control of autonomic functions (non-pharmacological approach for health).

Very truly yours,

Earl Reben, Ph.D.  
Research Psychologist

## ELECTROENCEPHALOGRAPHIC MEASUREMENTS

Encephalographic measurements of brain activity have been used in parapsychological investigations of extra-sensory perception (ESP).<sup>24,29,30,31</sup> Although specific brain wave patterns often appear to accompany successful ESP performance, these apparent correlations are not always consistent.

We collaborated with two independent research laboratories in a preliminary investigation of brain-wave-to-healing-state correlations during a healer-patient interaction. Subject D. K. and a volunteer were simultaneously monitored for brain wave synchrony from the left and right central and left and right occipital brain regions. The recordings were made in an electrically shielded room. One experimental session was conducted in each of the participating laboratories. Initially, the two subjects' brain wave patterns were recorded during a rest period and then during a healing treatment. The volunteer then left the room and D. K.'s brain wave patterns were recorded alone, while he attempted to enter his healing state of consciousness.

During the first session with both subjects, D. K. con-

sistently showed a 15- to 20-hertz signal from both central brain regions: these corresponded with his report that he had achieved his "peak" healing state of consciousness. In the patient's absence, D. K. reported that he did not achieve the same state, and we observed no sign of the 15- to 20-hertz brain wave activity. This pattern was not observed during the second session.

During both experimental periods, apparent synchrony between the subjects' alpha rhythms occurred at various times. There was no apparent correlation between brain wave synchrony and subjective reports of strong healer-patient interaction.

The most important observation in these two experimental sessions was the presence of 15- to 20-hertz activity in D. K.'s brain wave pattern, accompanying his subjective report of a healing state of consciousness. Further work is needed with this and other experimental subjects, to explore this finding, and in general to evaluate the usefulness of encephalographic tests in the study of healer-patient psychophysical interactions.



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November 26, 1983

Dean Kraft  
c/o Berkley Publishing Corporation  
200 Madison Avenue  
New York, N.Y. 10016

Dear Dean:

A close friend of mine just send me a copy of your book, Portrait of a Psychic Healer. I truly enjoyed the book--both descriptions of the healing process and your honesty.

Enclosed is a copy of an article which contains some of the EEG data when you volunteered to be studied at Stanford Research Institute. You are subject K.D. as described on page 115.

The rapid beta EEG over the sensorymotor area is similar to what we found when we studied Dolores Krieger--a nurse who does and teaches therapeutic touch (see enclosed article).

I truly enjoyed your book and I want to thank you for participating in the study. I hope you enjoy the enclosed articles.

Wishing you the best with your healing,

Warmly,

Erik Peper, Ph.D.